

# Kendriya Vidyalaya Kirandul

Dt. - Dantewada, St. - Chhattisgarh

## Vidyalaya Patrika



तत् त्वं पूषन् अपावृणु  
केन्द्रीय विद्यालय संगठन

Patron : **Dr. B.C.Dwibedy Principal**

Editorial Board

Chief Editor : Ms. K.Jayasree PGT (Eng.)

Co - Editor : Dr. A.K.Pandey PGT ( Hindi)

Students Editors : 1. Ku. Vasundhara Class XII  
2. Ku. Arunima Singh Class XII

Cover Design : Sh. Jitendre Sahu TGT (Art)

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## From the Editor



We have great pleasure in bringing out this edition of the Vidyalaya Patrika for the academic year 2017-18. We have attempted here to put together a representative collection of articles from various sections of the students' community and staff. The poems and paintings and other articles indeed reveal the creative urge of the young minds that blossom into subtle expressions.

Through this magazine students are afforded opportunity to give his/her ideas. Imagination helps the child soar up into a world of discovery and splendor, reach green pastures and strange lands and experience the exotic.

We are thankful to the Principal, staff members and students for their enthusiastic support and goodwill for this venture. We hope enjoy this presentation.

**Ms. K . JAYASREE**  
**PGT (Eng.)**

# Message



It gives me immense pleasure to learn that Kendriya Vidyalaya, Kirandul is going to publish its annual magazine.

The school magazine is a tool to foster creativity among children. It helps to bring to the knowledge of people the curricular and co-curricular journey of the school and provides an opportunity to the students to showcase their talent and explore their creative potential. Kirandul is full of nature's bounty. Natural beauty of the school surroundings definitely inspires the children to think, to write, to draw, to paint, to create and so on.

I wish, the Vidyalaya patrika will provide children with maximum exposure towards efficiency and excellence. It will lead the children a step forward to perfection. I extend my best wishes to the vidyalaya family for their efforts.

All the best.

Chandana Mandal  
Deputy Commissioner  
KVS Raipur Region

# Message



It is a matter of pleasure and pride that the Kirandul Vidyalaya is going to bring out annual school magazine. It is a good step to provide opportunity to children to express their tender mind.

Kendriya Vidyalaya Kirandul has been developing young minds as good citizens of the country for the last 39 years. In the forth coming days K V Kirandul will see new building with advanced infrastructure facilities for which work has already been started. The school magazine is a mirror that reflects all round activities of the institution. It is rather a dynamic forum for all the emerging writers and teachers of the Vidyalaya. I hope it will help students to enhance their passion for creative writing.

The staff members will put in their best efforts for a better future and character of the children. My best wishes are with them all including children and their parents. With lots of hopes and wishes.

T.S.Cherion  
Executive Director,  
NMDC Kirandul Complex  
& Chairman, VMC, K V Kirandul

# Message



My joy knows no bounds to learn that K.V. Kirandul is publishing its annual magazine. Definitely it is a giant leap towards the creative world. It will put every child at thinking. Moreover it will be an exposure to the children's creative mind. The poems, articles, drawings and many more things contributed by children will bring immense pleasure to the parents, teachers and readers. It is definitely a stepping stone for the young poets and writers.

The literary, cultural and academic achievements of the students find a suitable place in the school magazine. In an era of cut-throat competition it is of vital importance to impart integrated education to the future citizens of our country. School magazine is a tool for such education.

I wish a better future to the children and the Vidyalaya.

S.Chatterjee  
Dy. General Manager  
NMDC Complex Kirandul  
& Chairman's Nominee, VMC K.V.Kirandul

## From the Principal's Desk



Lotus grows in mud and marsh. Cuckoo, though black sings melodiously. The dogs which we look down upon are but very faithful, satisfied with whatever is available, sleep with very thin slumber and never betray us. I see everywhere in my surroundings at K.V.Kirandul lotuses in the muddy and marshy land. They bloom bright and brighten the world.

We have endeavored to push them forward to express their mind. It's a stepping stone for their future days when the world will be theirs. We believe in inclusive education in a constructive set up where we provide love and care in addition to rigorous academic practices towards a field of innovation. We seek co-operation of parents and the surroundings in addition to that of our sponsors to bring a ray of smile on the tiny faces.

We see the positive in everything, think positive and act positively, fruitfully. We learn to live in all adversities and yet bloom in the post peril days. We melt drop by drop like a flaming candle in to the unfathomed deeps. Let this candle continue to burn in this darkness bound world beyond time and space.

I hope the writings of the tiny hands will be up to the pleasure of the readers old and young.

With hopes and wishes for my little flowers



Dr. B.C. Dwibedy  
Principal

# CBSE TOPPERS (2017-18)

They kept the vidyalaya flag high by their commendable performance in the Board Exams.

## Class XII



**Ku Kritika Vyas**  
XII-Science 88%



**Ma. Suraj Singh**  
XII-Science 86.6%



**Ma. Mihir Lawahatre**  
XII-Science 83.8%

## Class X



**Ma. Pranjal Raj**  
Class X - 94.8%



**Ma. Nihal Chhaliwal**  
Class X - 93%



**Ku. Ankita Burman**  
Class X - 92.8%

## Participation at National Level 2017-18



**Ku. Tanushree – VIII**

Represented the vidyalaya at the KVS  
National Ek Bharat Shresht Bharat in English  
Elocution Bagged 1st position  
at both Cluster & Regional Level.



**Ma. Anshu Kumar**

National Under -17 Badminton. Bagged  
1st Position in team event at Regional level

# Participation at National Level



**Ma. Utkarsh Gandharw**

Represented the vidyalaya at the KVS  
National Under -14 Badminton Bagg  
1st Position in team event at Regional level



**Ku. Deepti Gandharw**

Represented the vidyalaya at the KVS  
National Under -17 Badminton



**Ms. K . JAYASREE PGT (Eng.)**

Highest P I in Class – XII (English)  
CBSE (2017-18) in Raipur Region ( 82.95)



**Mrs. Kanchan Singh**

Highest P I in Class – X & XII (Maths)  
CBSE (2017-18) in Raipur Region (69.92 & 75.0)



Art By : Kumkum,  
Class - V

# Women Empowerment in India

Yash Kokde  
Class - X



Woman in ancient India was an epitome of strength and worshipped in the form of Goddess. Trend of worshipping is still there but except for this scenario in modern India seems to be entirely different where woman is regarded as a second grade citizen. Gender discrimination, gang rapes with girl and woman of every age, acid attacks and other kinds of violence against women are happening in every city of India. It is hard to figure out why and what has changed the status of women in India and when it became such a flashy issue. Though every media is extensively covering the subject, the topic “women empowerment” becomes just a fashionable one with more of hype and less of substance.

Women empowerment is used both in general and specific sense. In general sense it means making women self dependent and giving them all the freedom and opportunities. In a specific sense, women empowerment means improving the position of women in the society's power structure.

## Roadblocks to women empowerment :-

Extremely low rate of women literacy is the major curse and roadblock to women empowerment in India. Our country has shown growth in many sectors but still a major gap between the education level of women as compared to men exists. In India 65.46% of adult women are literate where as the percentage in case of male is 82.14%.

Another hurdle is the denial of women's participation in the family decisions. Family is making women dependable and forcing a second grade status on her. She should be encouraged to take part in the decision making process. Poverty in India is plaguing many issues and posing the greatest threat. Condition of poor women is far pitiable than their middle class or rich counterparts as far as women empowerment is concerned. Widespread poverty leads to the exploitation of women. Sex slaves, selling girls and women, forced marriage and more crimes of these kinds are directly linked to poverty. State of Andhra Pradesh, which is a home to many rural poor, accounts for the half of the sex trafficking cases in India.

An important factor that determines the empowerment of women in India is the health and wellbeing of females. But maternal health in India is still in a shocking state. Though the maternal mortality rate (MMR) is dropping but India has to cover a long way. According to the data released by the Registrar General of India, there is a 16% drop in MMR in 2011-12 as compared to 2007-09. On the other hand UNICEF's website has updated that there is a decrease in the child mortality rate

but neonatal and maternal mortality is almost the same in the South Asian countries. In the new born deaths, contribution of India is a quarter of the world total. Mother's health plays a vital role in MMR. It can be improved by providing nutritious diet during pregnancy. This is possible only if India works hard to eradicate poverty. NGOs and government are working towards it but still lot more is required to be done.

### Actual picture of women empowerment in India:-

Though government is taking all the necessary steps to empower women but something is still lacking and creating a gap between the constitutional position and the reality. Because of this gap it can be said that concept of empowering women in India looks more of hype and less of substance.

An Indian woman is still deprived of her rights. In addition to this there is a demographic difference. Most of the aroma of liberation is

enjoyed by the urban woman but not by her rural counterpart. Rural women and even some of the urban are living a miserable life, entangled in poverty, superstitions and slavery. Still there is a huge gap between the laws made and their enforcement.

For the empowerment, she must be made economically independent. Without such independence all the laws, schemes and policies for her welfare would merely be written documents.

Mindset of the people especially male towards women is also a challenge. It needs a huge change. At the same time value and behavior system of the society should certainly undergo transformation to incorporate new thinking. Above all women must empower themselves to actually change their status in the society then only women empowerment will happen in reality but not in illusion.

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# Water

 **Shagun Kumari**  
Class-VII



**W**ater is one of the most precious gifts of nature. Human beings do not understand the value scientist have predicted that in years to come more than half of the population will live on absolute Water. All of us must take a pledge to save water. Every year "World Water Day" is celebrated on 22nd March. The day focuses on the importance of the freshwater and advocates for sustainable management of water resources. Every drop of water must be preserved. We can conserve water in ponds and tanks. Rainwater harvesting can be done. We should try our best to use water continuously.

# Indira Kala Sangeet Vishwavidyalaya, Khairagarh

## IKSV

 Arunima Singh  
Class - XII



Established in the year 1956, Indira Kala Sangeet Vishwavidyalaya I.K.S.V. is situated in the Khairagarh Township of Chhattisgarh State of India. A different University by its type, higher education is important in field of music, dance, fine arts and theatre. Honorable governor of the state is the chancellor and administrative cum academic head of IKSv Khairagarh.

The then ruler of the princely state of Khairagarh Raja Virendra Bahadur Singh and his consort Rani Padmavati Devi Singh donated their ancestral place to establish a University of Music and fine arts as tribute to their daughter princess Indira. The place donated by them houses the foremost portion of the university. Which is now one of the best examples of amalgamated architecture style.

IKSV is Asia's first university which is fully dedicated to various forms of music, dance, fine arts and theatre. University from the day of inception is putting its efforts for preservation and propagation of Holistic knowledge in the field of Music and Fine arts. This pious effort of the university is acknowledged by the National Assessment and Accreditation Council (N.A.A.C).

Bangalore and after assessment in the year 2014, IKSv Khairagarh was accredited with grade A by NAAC.

**“The only University in  
the India which was represented as state  
tableaux during Republic Day parade  
at the Rajpath New Delhi”**

Due to the concerned efforts of all Limbs of the university, we are now marching towards our goal and motto “May all live in Tune.” The harmonious corporate life of the University Campus gives a glimpse of multi-cultural, multilingual, culturally diversified yet united one INDIA.





Leo Tolstoy

# The Three Questions

✍️ Martin Vincy  
XII

There was a king named John. King John was the King of England. He did not like anyone else to look richer than himself. The Abbot of Canterbury was rich. He was enjoying a luxurious life. The king did not like the abbot. The king was in anger and wanted the abbot in his Court. The soldiers brought him to the king. The king asked who is Greater? The king or an abbot? Then how bold of you to enjoy much better than the king? You are plotting to become the king of England. It is a crime. Therefore you must die.

The Abbot was greatly frightened. He said very humbly "Your Majesty, I have never used others money for my use. It is a crime to spend my own money for my needs?"

"Yes", replied the king. Then he added. "It is a crime to live grander than the king."

The Abbot trembled in fear. The King continued, "But I shall give you a chance to get pardon. Answer my three questions correctly to my satisfaction."

Then he gave out the three questions.

1. Tell me how much I am worth?
2. How long will it take to go around the world?
3. What I am thinking now?

The abbot listened. His confusion and fear increased rapidly. He could not speak. Final finally

he begged for time to answer. Three weeks were given. The Abbot left the place in a dejected mood.

On the way he went into Oxford University and Cambridge University. He meet great professors and learned men. He asked them for answer to these questions. They were not able to find suitable answers. He was returning home sadly. On his way he meet his shepherd boy.

The Shepherd asked the Abbot "Why are you looking so sad my master?"

"My dears Shepherd former the king has set three questions for me. I have to find answers to his satisfaction, or else die of plotting against the



king. The questions are difficult. I have only three days more," replied the abbot.

The Shepherd said, "My Lord let me go in your place. I shall meet the King. I shall answer the three questions to his satisfaction." Then he added, "people say I look very much like you. Therefore permit me to wear your dress. The king will not be able to find out."

The Abbot agreed.

Immediately the Shepherd put on the Abbot's dress. He exactly looked like the Abbot. He was not able to find the difference. He said "I am happy, Abbot. You have kept your promises. Now are you ready with the answers?"

The king asked "what am I worth? I am king of England?"

"Your Majesty, according to Bible, Jesus the king of the heaven and earth was sold for thirty pence. Your worth must be one pence less, i.e. 29 pence."

The king had sense of humor and started laughing. He gave out second question "How soon can I ride around the world?"

The Shepherd said, "Your Majesty, you must rise with the sun ride with it till the night. In this way, you will get it in 24 hours."

Again the king had a Mercy Laugh. Then he look seriously at the Shepherd and asked the third question. "What am I thinking now?"

"Sir you are thinking I am Abbot. But I am not the abbot. I am only his poor Shepherd. I have come to ask Pardon for the abbot and for myself." He knelt down before the king for pardon.

The king was not at all angry. He started laughing and he laughed for long time. Finally he said, "I am pleased with your intelligence. I shall make you the Abbot."

But the Shepherd said, "Your Majesty I cannot read and write. I cannot become a Abbot."

The King Said "Then you shall receive a pound a week as long as you live. Go home and tell the Abbot I have forgiven him."

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## 6<sup>Six</sup> points to be kept in mind while writing a story

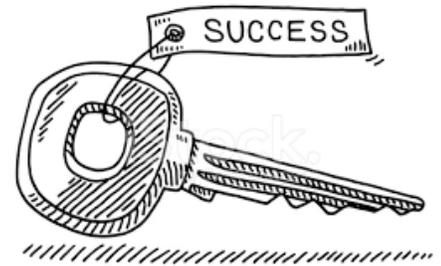
1. A story should have a title.
2. The narrative should have a single incident.
3. Language should be understanding and effective.
4. It should be written in past tense.
5. A story should have a message for the readers.
6. There should be a Main character in the story.

 **Shagun Kumari**  
Class - VII

# Struggle Survival & Success

Pranjal Rai  
Class - XI

When the times are bad and things go wrong,  
The sad feelings, weakens the strong.  
But unless you endure the time tough,  
And sail through Seas when the storm is rough.  
You will not survive to live the light,  
That at the end of the tunnel was in sight.



If you succumb to the thorns of pain and grief,  
And fall apart as a withered leaf,  
You will not live to reveal in the lovely bloom,  
Of flowers in spring that after winter, come soon.

So fight, struggle, make your way,  
Don't Lose Yourself to circumstances that takes you away.  
Success will be yours, victory your slave,  
And you will be remembered, even when you Rest In Your grave.

## Fun with Numbers

Vasundhara Patel  
Class - XII

1. Can you name the smallest integer that can be written with two digit?

**Answer:** No, it's not 10. But 1/1 or 2/2 upto 9/9.

2. Can you name the biggest number that can be written with four 1s?

**Answer:** common answer is 1111. correct answer is  $11^{11}$ .

3. Write 1/81 as a decimal. you are in for a surprise!

**Answer:** .012345679

4. Multiply 21978 by 4. Bingo! you have a 'palindrome.'

**Answer:** 87912 the number is reversed. Such pair of numbers are called palindromes.

5. The number 1729 is special. It is popularly known as Ramanujan's number why?

**Answer:** 1792 is the only number that is sum of two cubes.

$$10^3 + 9^3 = 1729$$

$$12^3 + 1^3 = 1729$$

# Protect Your Planet Start with You

 **Sakshi Rathore**  
Class - XII

## EDUCATE



When you further your own education, you can help others understand the importance and value of our natural resources.



## VOLUNTEER!

Volunteer for cleanups in your community. You can get involved protecting your watershed too.

## CONSERVE WATER

The less water you use, the less runoff and waste water that eventually end up in the ocean.



## PLANT A TREE

Trees provide food & O<sub>2</sub>. They help save energy, clean the air and help combat climate change.



## DON'T SEND CHEMICALS

## INTO OUR WATER WAYS



Choose non-toxic chemicals in the home & office.



## REDUCE REUSE

## RECYCLE

Cut down on what you throw away. Follow the three "RS" to conserve natural resources and landfill space.

# Benefits of Reading



 Vedansh Namdeo  
Class - VII

1. Reading exercises our brain.
2. Reading improve concentration.
3. Reading teaches children about the world around them.
4. Reading improve vocabulary and language skills.
5. Reading develop a child's imagination.
6. Reading helps children to develop empathy.
7. Reading is a fun.
8. Reading is a great way to spend time together.
9. Children who read achieve better in school.
10. Children who read often and widely get better at it.

Reading is one of the most beneficial and feasible activities that a man can do. It is through reading that a person is going to be able to discover new ideas concepts, places and people. Some people even describe reading as a journey that starts at the opening of a page, and finishes as the last page is turned. The reason why Reading is so important is because reading is relaxing to our mind and soul; It is a way for children to reach out of the world, and it improves our thinking process.

The first reason why Reading is so beneficial in our lives is that a book furnishes relaxation to our mind and soul.

The second reason why Reading is so beneficial in our lives is that reading is relaxing, and it is also a way for children to reach out of the world. Reading is relaxing, and it is also a way to Explore for children at an early age.

## 10 benefits of reading

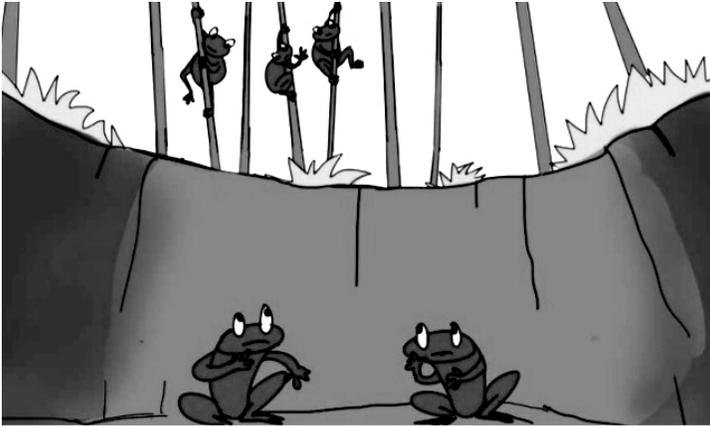
## My Kirandul

 Joel Samuel Binu  
Class - II

Surrounded by Hills all side,  
Holding a mini India with pride,  
Full of iron in the core,  
This is My Kirandul,  
Where I love to spend time more.

# A Group of Frogs

 **Ria Sharma**  
Class - XII



A group of frogs were travelling through the forest when two of them fell into a deep pit. When the other frogs saw how deep the pit was, they told the 2 frogs that there was no hope left for them.... However the two frogs ignored their comrades and proceeded to jump out of the pit. However, despite their efforts, the group of frogs at the top of the pit were still saying that they should just give up as they would never make it

out.

Eventually, one of the frogs took heed of what that other were saying and he gave up, jumping even deeper to his death. The other frog continued jump as hard as he could. Once again, the group of frogs eat at him to stop the pain and just to die.

He ignored them and jumped even harder and finally made it out when he got out, the other frog said, "Did you not hear us?"..... The Frog explained to them that he was deaf, and that he thought that they were encouraging him throughout.

**Moral:** Peoples work and have huge effect on life of others, therefore, you should think about what you are going to say before it comes out of your mouth. It might just be the difference between life of death.

# Good Morning

 **B. Sanvi**  
Class-III

Good morning sky,  
Good morning sun,  
Good morning little winds that run!  
    Good morning birds,  
    Good morning trees,  
And creeping grass and Brownie bees!



How did you find out it was day?  
Who told you night had gone away?  
    I am wide awake,  
    I am up now too.  
    I shall be right out to play with you!

# Incredible Bastar

 **Jaahnavi Reddy**  
Class - XII



The undivided Bastar was the largest district in India with a vast land area. It is rich in flora and fauna and has two big waterfalls and three mysterious Caves. The culture, customs and traditions are not less rich as its flora and fauna.

The Indravati is the life line of Bastar. The speciality of the river is that it does not get dry even in the summer. There are a number of falls on the bed of the Indravati.

Bastar is the land of tribals. There are a number of tribes in Bastar such as Muria, Madiya, Gond, Bhatra, Halba and others. The tribes have some tribes in them also each tribe differ from those in the group in their customs, dialects, food habits and culture. Rich in culture, these tribes have always occasion for them to sing and dance and enjoy life. These tribals save money all through to the spend in the Mandais (Adivashi fairs). They live a happy and contented life as their wants and desires are limited.

Bastar Dussehra and Goncha are the major festivals of Bastar. It is a dream of every adivasi of Bastar to take part in the festivals.

## First Day at School

- **Alien Fisher**

 **P. Omisha**  
Class - II

I wonder  
if my drawing,  
will be as good as theirs.

I wonder  
if they'll like me,  
Or just be full of praise.



I wonder  
if my teacher,  
will look like mum or Gran.

I wonder  
if my puppy,  
will wonder where I am.

# Good Students

 **Nihal Raj Chhaliwal**  
Class - XI



Good grade, a positive attitude and hardworking are the all qualities of a good student. A good student doesn't always depend on those three qualities though. Good students come to class and pay attention to the teachers. Self discipline and time management are also important factors to be a good student. Senior Aubrey No says, "A good student does what he can for his teachers, family and friends." For a good student to succeed and accomplish he is good, he needs to have the right and encouragement from the teachers. The top priority of a good student should be to do his best in school and prioritize his life. H. Houston said, "A good student is someone who is respectful, gets his work done and support his peer."

Behavior is another good aspect of a good student. Listening to yours teachers following instructions are all a few forms of respect and behavior. "A good student tries his best to do his best."

# A True Friend

 **Rahul Gupta**  
Class - XI



A true friend is,  
ready to pick you up when you fall.  
Attends anytime your every call.

Never let you Sink.  
Even if he knows about every wink.  
Helps you to change your life,  
Will never let you strive.

Helps you to achieve your goals.  
Purifies your mind and soul.  
True friend's trust lasts for long,  
May your friendship live for long.

Friendship is a horizon - which expands whenever we approach it.

# Common Prefixes, Suffixes, and Root Words

 K. Jayasree  
PGT (Eng.)

The English language has its roots in several languages, including Greek, Latin, and older forms of English, German, and French. Learning to recognize common roots and affixes (prefixes and suffixes) will help you build your vocabulary and improve your ability to make educated guesses about unknown words you encounter in reading and test-taking situations. *Some* of the roots and affixes that appear in a large number of words. Learning these will enhance your ability to comprehend course readings and learn new

terminology.

Latin was the language spoken by the ancient Romans. As the Romans conquered most of Europe, the Latin language spread throughout the region. Over time, the Latin spoken in different areas developed into separate languages, including Italian, French, Spanish, and Portuguese. These languages are considered “sisters,” as they all descended from Latin, their “mother” language.

Latin root	Basic meaning	Example words
<b>-dict-</b>	to say	contradict, dictate, diction, predict
<b>-duc-</b>	to lead, bring, take	deduce, produce, reduce
<b>-gress-</b>	to walk	digress, progress, transgress
<b>-ject-</b>	to throw	eject, interject, project, reject
<b>-pel-</b>	to drive	compel, dispel, impel, repel
<b>-pend-</b>	to hang	append, pendant, pendulum
<b>-port-</b>	to carry	deport, export, import, report
<b>-scrib-, -script-</b>	to write	describe, prescribe, subscribe, subscription, transcribe, transcription
<b>-tract-</b>	to pull, drag, draw	attract, contract, detract, extract, protract, retract
<b>-vert-</b>	to turn	convert, divert, invert, revert

Latin prefix	Basic meaning	Example words
<b>co-</b>	together	coauthor, coedit, coheir
<b>de-</b>	away, off; generally indicates reversal or removal in English	deactivate, defrost, decompress,
<b>dis-</b>	not, not any	disbelief, discomfort, disrepair, disrespect
<b>inter-</b>	between, among	international, interfaith, intercellular
<b>non-</b>	not	, nonmetallic, nonviolence, nonskid, nonstop
<b>post-</b>	after	postdate, postwar, postnasal, postnatal
<b>pre-</b>	before	preconceive, preexist, predispose, , prepay
<b>re-</b>	again; back, backward	rearrange, rebuild, recall, remake, rerun, rewrite
<b>sub-</b>	under	submarine, subway, subhuman,
<b>trans-</b>	across, beyond, through	transatlantic, transpolar

Latin suffix	Basic meaning	Example words
<b>-able,</b> <b>-ible</b>	forms adjectives and means "capable or worthy of"	likable, flexible
<b>-ation</b>	forms nouns from verbs	creation, civilization, automation, speculation, information
<b>-fy,</b> <b>-ify</b>	forms verbs and means "to make or cause to become"	purify, acidify, humidify
<b>-ment</b>	forms nouns from verbs	entertainment, amazement, statement, banishment
<b>-ty,</b> <b>-ity</b>	forms nouns from adjectives	subtlety, certainty, cruelty, frailty, loyalty, royalty; eccentricity, electricity, peculiarity, similarity, technicality

He who opens a school door, closes a prison.

## Greek Prefix

Prefix	Meaning	Example
<b>a, an</b>	without, not	asexual, amoral, anarchy
<b>ab, abs, a</b>	apart, away from	abnormal, abduct, abductor
<b>amphi, ambi</b>	round, both sides	amphitheater, amphibian, ambidextrous, ambivalent
<b>ante</b>	before	antedate, antecedent, anterior
<b>anti</b>	against	antipathy, antitank, anticlimax
<b>archaios</b>	ancient	archeology, archaic
<b>audio</b>	hear	audiophile, audiometer, auditory
<b>auto</b>	self	automatic, automation
<b>bi</b>	two	bi-partisan, bisexual, biennial, binary, bivalve
<b>bene</b>	well, favorable	benefit, benevolent, benefactor, beneficent
<b>bible</b>	book	bibliography, Bible, bibliophile
<b>bio</b>	life	biology, biography, bio-active
<b>caco</b>	Bad	cacophony
<b>cide</b>	kill	homicide, germicidal
<b>circum</b>	around	circumference, circumlocution, circumnavigate
<b>demos</b>	people	democracy, demographic
<b>di</b>	two, double	dimorphism, dicotyledon, diatomic
<b>dia</b>	across, through	diagonal, dialectic, dialogue, diagnosis
<b>dis</b>	not, apart	disperse, disinherit, disenfranchise, distend
<b>ego</b>	I, self	ego, egomaniac, egocentric,
<b>epi</b>	upon, over	epidermis, epidemic, epigram, epitaph, epithet
	mixed, unlike	heterogeneous, heterosexual, hetero atom, heterocyclic,
<b>homo</b>	same, alike	homogeneous, homogenized, homozygous, homolytic fission, <i>Homo sapiens</i>
<b>in, im</b>	not	incredible, ignoble, inglorious, inhospitable, infinite, infinitesimal, immoral
<b>inter</b>	between	interact, interstellar, interpret
<b>macro</b>	large	macroeconomics, macroscopic,

# Sports and Nutrition

Nutrition is present in all processes of life. Nutrition is the study of nutrients in food and how the body uses nutrients and their relationship between diet, health and disease. To keep our body cells running properly, food must be supplied with correct amount of right chemicals in food. The chemicals in food, which are body needs, are called nutrients.

## Balance Diet

“A balanced diet means getting the right types and amounts of food and drinks to supply nutrition and energy for maintaining body cells, organs and tissue and for supporting normal growth and development.”

## Factors Affecting Balanced Diet

A numbers of factors enter into nutrition effectiveness of your overall diet and nutrition. The old saying “you are what you eat” A balanced diet is the key to sound health.

- Age (infant, adolescent, aged)
- Gender
- Type and duration of activity.
- Climate factors.
- Health and growth status.
- Psychological considerations.

## Elements of Diet

Nutrition, nourishment, or aliment is the supply of materials food required by organism and cells to stay alive.

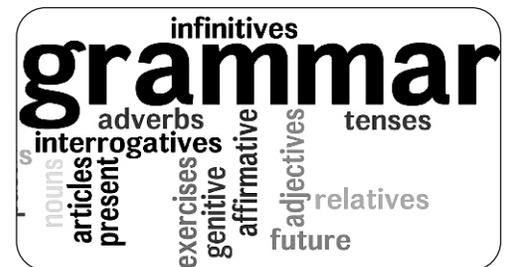
- Proteins
- Carbohydrates
- Fats
- Minerals
- Vitamins etc.

# The Joint Family of Grammar

✍️ **Vasundhara Patel**  
Class - XII

There is a happy family in the field of grammar. A husband named noun and a wife named verb live in the house of grammar. Where is the life partner of noun? They have two sons and one daughter. The elder son takes his place when his father is absent. So we call him Pronoun. The younger son Adjective is a pointer who qualifies his father or his elder brother.

The daughter adverb often talks about her mother. There is a servant in the family. He is a joker so we call him Interjection who amuses us. Noun has a brother in law named Preposition who helps him to show his position in the life. Conjunction is the neighborhood friend of the family who helps them to make friends and maintain the relation with others. Thus the joint family lives happily together.



I cannot teach anybody anything, I can only make them think.

# Subhash Chandra Bose

 Aachal  
VII

Subhas Chandra Bose was one of the greatest leaders of India. He is famous by the name of Netaji. He gave up his life for his motherland. His death is a greatest loss to the country. Subhash Chandra Bose was born on 23rd January 1897 in Cuttack. His father was a famous lawyer. He came of a very well to do family. Even as a child he is showed sign of future greatness. He was a very brilliant boy at school. He beat the European professor of his school. He was turned out from the school. He passed the metrical action from Cuttack. Then he joined the Presidency College, Calcutta. He passed his B.A. from another college in the first division.



Then he went to England and took the tripose degree from Cambridge University. He also passed the I.C.S. Examination but he was not interested in becoming a high official. He wished to serve his country so he resigned from I.C.S. He joined the Congress movement to serve the cause of the freedom of his country. He belonged to the forward block of the congress. In 1939 he was elected president of congress. As he had differences with Gandhiji, he resigned the presidentship. He escaped from India during the Second World War. He went to Germany to seek help.

## All of me

 Anusha Khare  
Class-I

My hands are for clapping,  
My arms can hug tight.

My fingers can snap,  
And Put out the light.

My legs for jumping,  
My ears help me see.

This is my body,  
And I love all of me.



## Clean up Song

 Vernika Sahui

Twinkle Twinkle Little star  
Time to clean up where you are  
Put the toys back in their place  
Keep a smile upon your face  
Twinkle Twinkle Little Star  
Time to clean up where you are



# Try Them Out

 **Aashtha Tiwari**  
Class - XII

1. In a one storeyed pink house, there was a pink person, pink cat, pink fish, pink computer, pink chair, pink table, telephone, pink sour everything was Pink. What is the colour of the stairs?
2. A house has four walls point all the walls are facing towards south and a bear is circling the house. What colour is the bear?
3. What starts with The letter T is filled with T and ends in T?
4. A girl is sitting in a house at night that has no lights at all. There is no love, no candle, nothing. Yet she is reading point how?
5. You walk into a room with a match, a kerosene lamp a candle and a fireplace. Which do you light first?
6. You have draw to a line. No, without touching it how do you make the line longer?
7. How many months have 28 days?
8. Which weighs more, a Pound of feathers or a Pound of bricks?
9. What goes around and around the wood but never goes into the wood?
10. A train leaves from Halifax, Nova Scotia heading towards Vancouver, British Columbia at 120 km / hr. 3 hours later a train leaves Vancouver heading towards Halifax at 180 km / hr. Assume there exactly 6000 km Vancouver and Halifax. When they meet, which train is closer to Halifax?

## Answer

1. There were no stairs; it was a one storied house.
2. The house is on the North Pole, so the bear is white.
3. Teapot.
4. The girl is blind and its reading Braille.
5. The match.
6. Again draw a shorter line next to it and it becomes a longer line.
7. 12 month i.e. all the months have 28 days.
8. Whether they both wait 1 pound.
9. The bark of a tree.
10. Both these would be at the same spot when they meet, therefore, both are equally close to Halifax.

# Student Life is Golden Life

 **Sarthak Singh**  
Class - VII

It is said that “Student life is golden life” because student life is the most important part of human life. It is the period of pure joy and happiness, because the mind of a student is free from cares and worries of a grown-up life.

In this period, the character of man is built. So, it is called formative period of human life. Every student should try his best to make the best use of his student life.

The primary duty of a student is to learn and to acquire knowledge. He must do all his work at the right moment and maintain punctuality and discipline. He must remember that if a student becomes successful in his student career and his character is built on a sound basic, He will be able to shine in any sphere of life and serve his society

and countries.

A student should spend most of his time of this golden period in reading and learning. A good student never wastes his time fixed for reading uselessly. But he must not be a bookworm being always engaged in his studies. He should also be careful about his health and spend some time daily in some sports and games. He should try to develop his body and mind at the same time.



## This is me!

 **Avani Pankaj Daryapurkar**  
Class - I

This is me

From my head to my toes

I have two eyes

And one little nose

I can wingle my ears

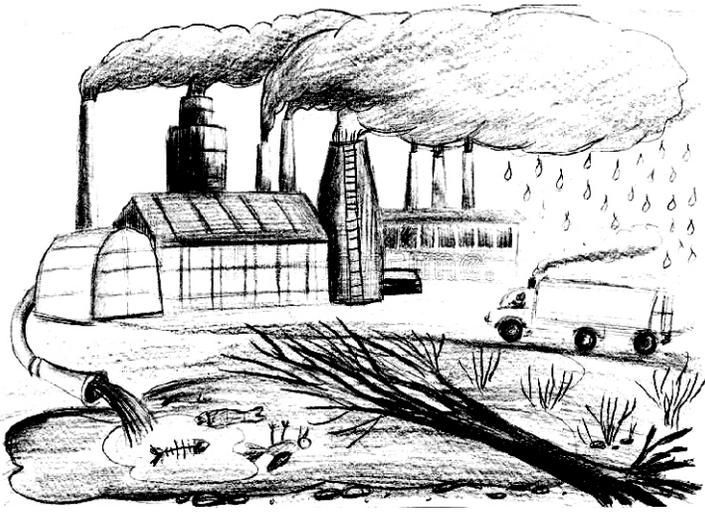
And stamp my feet

I am pretty neat

# Water Pollution

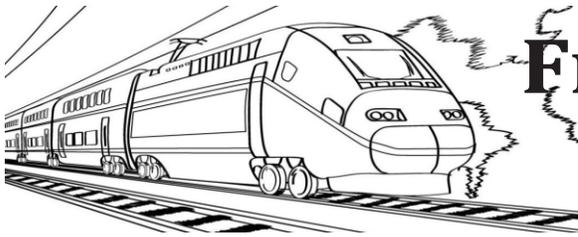
 Aashtha Tiwari

Class - XII



Environment pollution is the gift of modern development and progress. It is a byproduct of unplanned industrialization mining and flap hazard and faulty town-planning. Actually, the degradation of environment is the major problem facing the modern man. Twentieth century took a big leap forward in industry, technology, weapons and urbanization. But this unprecedented advancement and progress has been achieved at the cost of basic necessities of life. Emission of poisonous and harmful gases, effluent and the

industrial waste have destroyed the purity and freshness of air. The unplanned urbanization and industrialization led to the arbitrary felling of trees and deforestation. The greed of man has eaten away more than half of the existing forests and green belts. Forests and trees are the green lungs of the earth. Deforestation has resulted in degradation of environment, soil erosion, floods and droughts. The effluents of the industrial waster have polluted all our major rivers and lakes making their water unfit for drinking. Big cities are gradually becoming gas chambers due to the smoke of chimneys and the guzzlers on the road. Fortunately, at last, the government of India has become aware of the gravity of this problem. Better late than never. Afforestation drive on a large scale can help in maintaining the ecological balance. The need of the hour is to create an environment awareness among the general masses Judicious and environment friendly industrialization, mining and construction activities can make this planet a pleasant place for human habitation.



## From a railway carriage

 Nidhi Shrivastava

Class-VII

Faster than fairies, faster than witches,  
Bridges are houses, Hedges and ditches,  
And changing along like troops in battle  
All through the meadows horses and Cattle.  
All out the sights of the hill and the plain  
Fly as thick as driving rain,  
And ever again, in the Wink of an eye,  
Painted stations whistle by.

Here is a child who clammers and scramblers,  
All by himself and gathering brambles,  
Here is Trump who stands and gazes,  
And here is green for stringing the daisies!  
Here is a cart run away on the road  
Lumping alone with the man and load,  
And here is a mile, and, there is a river:  
Each a glimpse and gone forever!

I'm not afraid of storms, for I'm learning to sail my ship.

# Wishing Friend Happy Birthday

 **Ayush Pandey**  
Class-IX

**Here how to congratulate your friends from all over the world when it's their birthday.**

<b>French</b>	= Joyeur Bon Anniversaire
<b>Spanish</b>	= Feliz Cumpleaños
<b>Italian</b>	= Buon Compleanno
<b>Hindi</b>	= Janam Din Mubarak ho
<b>German</b>	= Alles Gute Zum Geburtstag
<b>Chinese</b>	= Sheng Ri Kuai Le
<b>Japanese</b>	= Tanjobi Omedeto
<b>Portuguese</b>	= Feliz Aniversário

# Pleasant Rain Come Again

 **Devika Kovachi**  
Class - XII

Rain, Rain, Rain come again and again,  
In the winter, in the summer and in the spring,  
Come with joy, fall it happiness and go with sorrow,  
Rain, Rain, Rain, come again and again.

Rain, Rain, Rain come to relieve Earth's pain.  
Rain, Rain, Rain come to make nature happy.  
Rain, Rain, Rain come to make living happy.

Rain, Rain, Rain come again and again.  
Rain, Rain, rain, I hope you will stay.  
Rain, Rain, Rain come again and again.



## Article

### 5 important lessons to learn from a humble pencil.

 **Aastha Tiwari**  
Class - XII

1. It tells us that whatever do will always leave a mark.
2. You can always correct a mistake you make.
3. The important thing in life is what you are from inside and not from outside.
4. One life, you will undergo painful sharpening which will make you better in whatever you do.
5. Finally to be the best you can be, you must allow yourself to be held and guided by the hands that hold you.

# To realize the value of time

Yesterday is history

Tomorrow is mystery

Today is gift.

 Vasundhara Patel  
XII

That is why it is called, the "present."

The clock running, Make the most out of today.

To realize the value of one year, ask a student who has failed a grade.

To realize the value of one month ask a mother, who has given birth to a premature baby.

To realize the value of one week ask editor of a weekly magazine.



To realize the value of one day as a teacher who is taking a class.

To realize the value of 1 minute ask a person who has missed the train.

To realize the value of 1 second ask a person who has just avoided an accident.

To realize the value of 1 millisecond ask a person who has won a silver medal in Olympics.

## Save Plants, Save Environment

 Avani Pankaj Daryapurkar  
Class - I



1. Planting a tree is much better than wearing a mask to be safe from pollution.
2. There is enough on the earth for humans need but not for human's greed.
3. Plant a tree, Plant a tree so that next generation can get air for free.
4. Plant a tree and bring rain to get rid of summer heat.
5. Don't destroy the greenery and don't spoil scenery.

**SAVE MOTHER EARTH**

Education costs money, but then so does ignorance.

# A Smile

 **Avantika**  
Class - VII

Its costs nothing but means so much  
 Its enriches those who receive it,  
 Without impoverishing those that give it.  
 Its happen in a flash,  
 But sometimes the memory lasts forever  
 None are so rich that they can get on without.  
 And and so poor, but are the rights for its benefits.  
 It is rest to the weary, daylight to the discouraged.  
 Sunshine to the sad and nature's best antidote in

times of trouble  
 Yet it cannot be bought, borrowed or stolen.  
 For it is something that is of no earthly use to  
 anyone unless given away.  
 And in the rush of business a man is too tired to  
 give you one.  
 Then leave one of yours.  
 For No one needs a smile.  
 So much as those who have not to give.

# Oh Parents

 **Jagruti Kale**  
Class -XII

1 year old says: parents are my necessity.

9 year old says: my parents are marvelous. They know everything.

16 year old says: my parents do not know as much as I thought, in fact, there is a heap of things they do not know.

19 year old says: my parents will insist on always being right. Actually it is I who is always right.

22 year old says: my parents do not understand youth. They are completely out of touch with new generation.

30 year old says: I begin to think that my parents were right at times.

50 year old says: my parents knew everything. Gosh marvelous.

